

# Ugly Face Contest

Does the thought of tobacco make you sick? It will when you see what it does to your body and what's actually in tobacco products. Let people know how you feel about it by the expression on your face.

Kids love to make funny faces. This contest is sure to produce some terrific faces when kids learn about the dangers of tobacco use.

## Before the contest:

An older student or an adult can lead a discussion about the hazards of tobacco use. You might want to quiz everyone on tobacco facts. If you are holding this activity with a class of students, you can have them research tobacco-related statistics as part of an assignment.

You might need:

Smoking-related photographs

Poster board

Camera and film

Your students can visit the interactive animation showing the effects of smoking on different parts of the body available on the CDC 2004 Surgeon General's Report, *The Health Consequences of Smoking on the Human Body*. You can also find photographs of damaged lungs and other body parts at [www.tobaccofreekids.org/abc](http://www.tobaccofreekids.org/abc).

## Day of the contest:

- Explain how tobacco damages lungs and the rest of the body. Share images with your students and lead a classroom discussion about these health effects. When you share the images, have students show their reactions by making an ugly face.
- Ask the kids who want to participate to come to the front of the room one at a time. Show a photograph of a tobacco-damaged body part. Now have the student make his or her best ugly face and don't forget to take pictures! If you want, you can have the class rate each face.
- You may want to hold a contest in several classes in your school with finalists from each class competing for top honors.
- Invite the local media. If the local media are unable to attend, send a photo of the winning face with a letter explaining the significance of the activity.
- Have fun!

